

# Hatfield Ice

Hatfield Ice is the proud home of:

- Ice Dogs Youth Hockey
  - Villanova Ice Hockey
- Suburban High School Hockey
  - Ice Hawks Light Travel
- Hatfield Ice In House Hockey
  - The Skating School at Hatfield Ice
  - Philadelphia Symmetry Synchronized Skating
- Liberty Figure Skating Club of Philadelphia
- Hockey Heaven Pro Shop
- Hatfield Ice Fitness Center
  - Skate Express
  - Goalie Guru
  - Rink Side Café
- Savona Family Chiropractic



**Monday - Friday**

6:00 am - 10:00 pm

**Saturday & Sunday**

7:00 am - 10:00 pm

# Hockey

# Off-Ice

Squirt, Pee wee  
Bantam & Midget



# Tuesdays

February 5th, 12th,  
19th & 26th

**Hatfield Ice**  
**(215) 997-9797**

## Hockey Off-Ice

6:00-7:00 class is for Bantam and Midget level players.

7:30-8:30 class is for Squirt and Pee wee level players.

Classes are instructed by trainer Cody Benson.

These classes will include a warm-up and recovery routine along with speed and agility exercises.



## Fitness Center Hours

**Monday - Friday**

6:00 am - 10:00 pm

**Saturday & Sunday**

7:00 am - 10:00 pm

## Hockey Off-Ice Training

**Tuesday  
February 5th, 12th, 19th  
and 26th**

6:00-7:00 pm  
Bantam and Midget

7:30-8:30 pm  
Squirt and Pee wee

**4 Tuesday Sessions: \$ 50**

\$60 signed up February 1st and later

## February Hockey Off-Ice Training

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

E-mail: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Parent Names: \_\_\_\_\_

Parent Cell Phone: \_\_\_\_\_

**4 Tuesday Sessions \$50**

\$60 if signed up 2/1 and later

**Please circle:**

**Bantam/Midget 6:00-7:00 pm**

**Or**

**Squirt/Pee wee 7:30-8:30 pm**

### Method of Payment

Cash

Visa

Check # \_\_\_\_\_

MasterCard

In consideration of the foregoing, I, for myself, my heirs, executors, administrators, personal representatives, successors and assigns, waive and release any and all rights, claims, and causes of action I have or may have against Hatfield Ice and its affiliates, their agents, employees, volunteers, officers, directors, successors and assigns, Hatfield Ice, RRCA, and any and all sponsors, their representatives and successors, that may arise as a result of my participation in this Hatfield Ice Training Program and any pre and post training activities. **I attest and verify that I am physically fit and a licensed medical doctor has verified my physical condition.** Further, I hereby grant full permission to any and all of the foregoing to use any photographs, motion pictures, recordings or any other record of this program for any legitimate purpose, including commercial advertising without monetary payment to me. (This information is protected by the Privacy Act.)

Signature

(Parent or Guardian if under 18)

Date